FREE Quilted Placemat Tutorial

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This project uses my Fruitful Hands fabric line (Henry Glass Fabrics). These are the basic instructions.
My favorite part of this project is the yummy Pear Print, which will carry you from summer right into fall...

For each place mat you will need:

- Pear Print- 9 1/2 x 17 1/2"
- Orange- 1 1/4 x 17 1/2" strip and a 1 3/4 x 17 1/2" strip
- Green Dot- 1 1/2 x 17 1/2" strip
- Stripe for Binding- 3 strips, each 2" x width of fabric (about 40-42"), selvedges cut off
- Backing fabric (Green Floral)- 13 x 18"
- Thin Batting- 13 x 18"

For each napkin you will need:
- Green Dot- 10 1/2" square
- Stripe- 10 1/2" square

To make the place mat, sew one of the Orange strips to the Green Dot strip along the long edge,then sew the other Orange strip to the other side of the Green Dot strip.



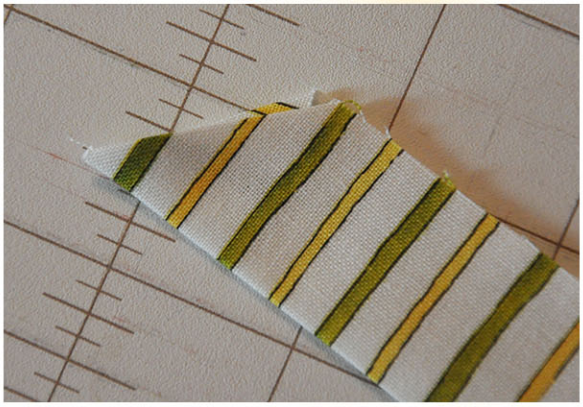


Sew this unit to the Pear print, with the wide Orange strip adjacent to the Pear print.

Place Green Floral backing fabric on table WRONG SIDE UP. Place batting on top of backing fabric, then place Pear print unit RIGHT SIDE UP on top of batting. Pin or spray baste layers together.

Quilt as desired. I did a stipple in the area with the Pears, then quilted a diagonal grid on the Orange and Green Dot strip area. Trim away excess batting and backing fabric.

For the binding: Fold the strip in half lengthwise with right sides out and press. Fold in one of the short ends diagonally and press.



Pin binding to one edge of placemat and sew as shown in photo (photo shows binding on a potholder- but the process is exactly the same):

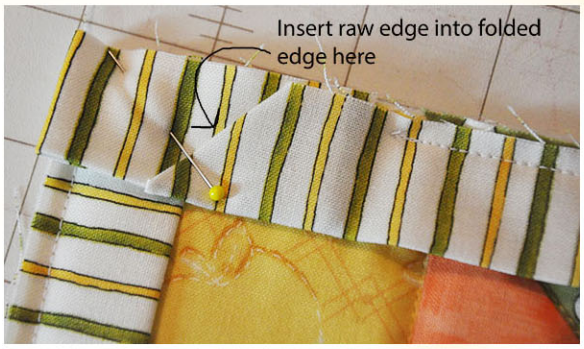


Fold the strip up, then fold it down, and pin. Stitch along edge, starting and stopping 1/4" from corners. Continue sewing binding all the around the placemat.





When you come back to the first side, trim the binding so that it fits inside the folded starting end of the binding. Sew along edge to finish binding.



Fold the binding to the back of the potholder and pin in place. Machine stitch "in the ditch" along the seam. (You can also hand stitch the binding on the back, but machine stitching will hold up better to repeated washings. It's also faster- and we like that.)



To make the napkins, place the squares right sides together. Sew together, using a 1/4" seam allowance. Leave a 6" opening along one side for turning. Turn napkin right side out and press, folding raw edges of opening in toward each other. Top stitch along edges of napkin, 1/8" from edge.



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